

Leaders need to be equipped to build multiple sources of resilience. Persistence is not enough and on its own leads to burnout. Resilience is developed through a sustainable process to strive, recover and adapt through a bedrock of support and confidence. Individual and team resilience can be built, leaders just need to know what to focus on and how.

One of the biggest tests of leadership is how one shows up during a crisis. It is under these circumstances that everyone looks to and learns the true values of an organisation and its leaders. At this time, we are facing multiple and enduring crises, and so we need to invest in building resilient leaders and teams.

WHAT IS IT?

As a response to our current challenges and based on our experience developing resilience in leaders globally, YSC is offering a 2-hour virtual workshop on Leading Through Crisis.

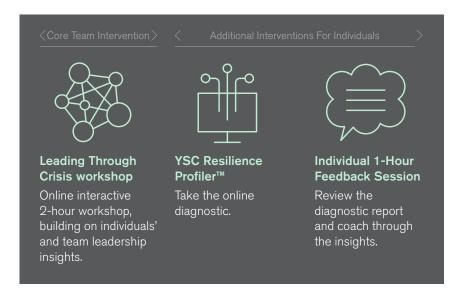
WHO IS IT FOR?

The workshop is for senior leadership teams and other intact teams in various parts of the organisation whose work is directly affected by the situation.

WHAT CAN WE EXPECT?

The workshop will review the behaviors and messages that leaders are advised to provide during the period. These include acknowledging the crisis, providing practical support and, based on that, creating the conditions for people to thrive.

We will provide safe space for leaders to check in, reflect, build support and walk away with some effective tools and tips.



OUTCOMES

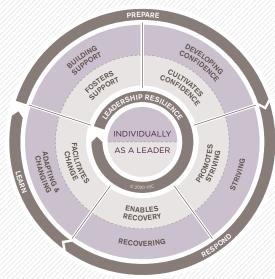
- Leaders will develop critical and transferable skills to help them acknowledge the crisis and demonstrate honesty, vulnerability, empathy and control.
- Provides leaders with the practical support needed to optimise their working environment.
- Enables leaders to understand how to create conditions for their people to practically maintain their resilience through a crisis.

THE YSC MODEL OF LEADERSHIP RESILIENCE

By combining academic research from psychology and organisational change with real world client insights, YSC has developed a Model of Leadership Resilience that helps businesses identify the levels of resilience in their leaders, and helps leaders build these resilience levels in both themselves and their people.

YSC's Model of Leadership Resilience underpins our online profiler; a diagnostic tool which provides personalised insights and development tips, followed by individual feedback sessions.

Click here to watch our short video on leadership resilience.



RESILIENCE IS THE ABILITY TO GROW, ADAPT AND PERFORM THROUGH TIMES OF CHANGE AND CHALLENGE.

LEADERSHIP RESILIENCE IS A COLLECTIVE RESOURCE THAT LEADERS CAN DEVELOP BOTH FOR THEMSELVES AND THOSE AROUND THEM.



Email info@ysc.com to find out how we can support your leadership strategy.

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